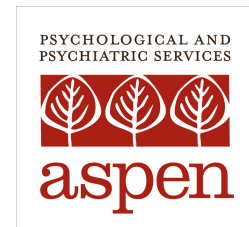
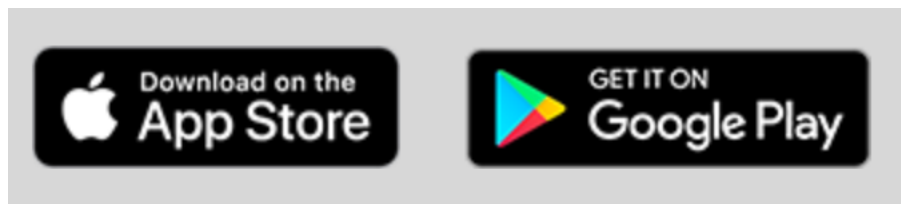


Mark A. Welch, D.O.
Board Certified in Psychiatry
Board Certified in Sleep Medicine

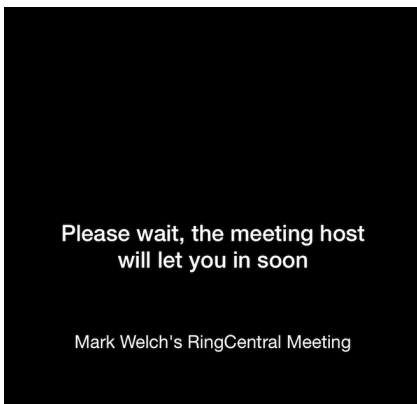


INSTRUCTIONS FOR YOUR TELEMEDICINE APPOINTMENT

1. Download and Install RingCentral Meetings app to your smartphone/tablet. You DO NOT have to set up an account to use the app.



3. Prior to the day/time of your appointment you will receive an email from your provider (the email may be on the day of your appointment or 1-2 days prior) which will include a link to your meeting. Five minutes prior to your appointment, click on the link and follow the on screen instructions (permission to open the app and access camera/audio etc.) and then wait for your provider to start the meeting/appointment. You may see a screen as noted below which means you are just waiting for your provider to join the meeting.



If you are experiencing problems, please call the receptionist at 909 989 5556.

If you prefer a phone appointment, please let the receptionist know prior to your appointment.

For technical questions, please email Dr Welch at drwelch@aspenpsychological.com.